

Friendship Fields and Friendship Fields Academy

Summer

Where it All Began

Taking you Back to the Beginning

For the last two and a half years, there has been a special program here at Friends University called Friendship Fields Academy. It is a program that allows adults with all types of disabilities to have the opportunity to go to a regular college and be able to feel like they can be like those that don't have the struggle they do. They can also be around people that have the same struggles and abilities they do and are in the same age group. We make friendships that last forever while taking life skill classes. (Alexis Armstrong)

Friendship Fields started at Friends University by Bill Allan and Val Wall in 2014. It started out as a program for students with disabilities. I went to Friendship Fields for a few years and then I, started at Friendship Fields Academy. Friendship Fields Academy was more challenging academically for me. The difference was you can take get real college content and get to walk through graduation for it. The program has been a challenge for me, but I have stuck to it and I am very proud of myself. We lost a classmate this year to cancer, but we pulled together as a class.

Some of the classes that we have taken this year are; Understanding the Bible, Dance, and Child Development. This year we have also taken Microwave Cooking and Photography. We have read The One and Only Ivan, which is about a gorilla named Ivan, that lives in a shopping mall. Overall, I think Friendship Fields Academy has helped me grow in perseverance. (Josh Hayes)

**“The program has been a challenge for me, but I have stuck with it and I am very proud of myself. “
Josh Hayes, Senior, Friendship Fields Academy**



We are starting a Newsletter

Three Seniors Start a Newsletter

My name is Alexis. I am 30 years old. I was born with Cerebral Palsy. Growing up was difficult, I had to jump over some hard obstacles to get to where I am now, which is working at Families Together. It is a place that helps parents with children with disabilities like myself. That includes fighting battles with the school system, to transitioning to adulthood. Hey My name is Josh Hayes. I am 29 years old. I really like going to Friends Academy because I get to learn more and interact with disabled people my own age. I like watching figure skating, gymnastics, and ballroom dancing. I really enjoy writing because I get to express myself. I hope that you like it. I left for camp on Father's Day. Take care. My name is Lauren Herren, age 31. I live in a two bedroom apt. at the Timbers, which is a small community in Wichita. I live by myself, but I have overnight staff, who can sleep in my spare bedroom. I have had a communication device since 1997, when I was 7 years old. At Life Works I work part-time, (I am also a client there). It is a day service, which means it is a service for people who have disabilities and have finished high school..

Cooking Labs Make An Impression

Microwave Cooking and Small Appliances Class Teaches and Is Fun Too

By Mykell Lobb

In Ms. Barbara's Microwave Cooking and Small Appliance Class, we did a number of labs. The first one was pizza and brownies in a mug. We used safety mugs that can go into a microwave and it turned out good. The second lab was grilled chicken quesadillas using a pan and skillet. It was an indoor grill to make it and add what we wanted in it. The third was homemade salsa. We used the food processor. The fourth one was breakfast energy with a blender and we also made a broccoli white soup with a sauce pan.

And the fifth thing we made was homemade bread in a bread machine. It took 3 hours and 15 minutes, but it was set for a different setting, so it didn't take that long. The final cooking lab was the dehydrator one for a trail mix. Ingredients included dried bananas and pineapple. Then the whole class got to bring anything the wanted to put in the mix. This class has been fun and we all enjoyed cooking. Ms. Barbara taught us about the different equipment. The students who had never cooked, got to learn how to cook.



Zoology Students Teach Animal and Pet Care Class

By Lauren Herron

Friendship Fields Academy takes classes each semester in order to graduate. This semester, one of the classes that we had to take was Animal and Pet Care. Each week of the class, we learned about different groups of animals- like water animals. My favorite group that we talked about was pets. One week we went to Riverside Park, because they have a mini zoo at the park.

