

## Understanding the Bible

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My name is Hannah Griggs. I am a sophomore at Friends University. Today I am going to talk to you about two classes in the academy, "Understanding the Bible," and "Arts & Leisure." Bible study is so good. We have learned so much about the Bible and the teacher is awesome. I really like Meghan Melchor, our teacher. She taught us about Father Abraham who is pictured below. I really like learning new Bible stories.



## Arts & Leisure

Arts & Leisure class and Leisure is fun class, too. LaNier Roberts teaches this class. She showed us how to make homemade ranch dressing and fruit dip. She introduced us to her mother on October 11, 2021. We are going to learn different dances in this class. I really like Arts & Leisure class. I like all my classes but I wanted to share with you some of my favorite activities.



## Interesting Psychology Facts

by Kindyl H.



The term psychology has been derived from the Greek word psyche translating as breath, spirit, soul and logia that corresponds to study of.

It takes about 66 days for an average individual to make something a daily habit.

Studies say that individuals who could instinctively use sarcasm to tackle a frivolous question have healthy minds.

Yawning to have someone else's yawn is a normal phenomenon, despite not feeling exhausted or asleep.

An average individual's mind wanders 30% of the time.

Eye pupil rises to 45% when an individual looks at somebody they love.

During the 7 minutes of neural activity you will have before dying, you will see your memories in a dreamlike pattern.

If you sob out of happiness, the first tear will come from the right eye, but if you cry out of sorrow, it will come from the left.

Food prepared by someone else tastes much better than your own preparation, even when you use the same recipe.

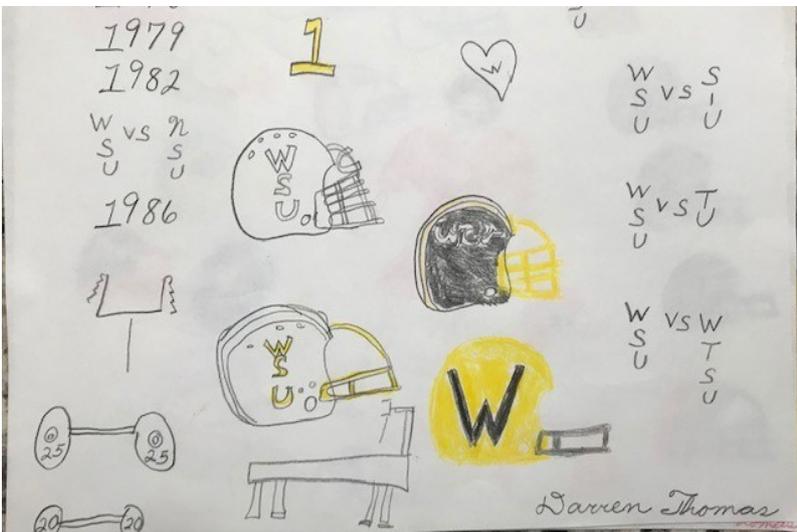
Source: <https://leverageedu.com/blog/psychology-facts/>

## Darren "DForce Thomas"

### Shocker Fan for 4 Decades

by Alexis Armstrong

Darren is the biggest football fan you will ever meet. He lives and grew up just west of Wichita State University. In the late 1970s, Darren often walked to Wichita State University to watch the football team practice. In 1979, at the age of 19, he had the honor of meeting the WSU head coach, Willie Jeffries. From 1979 until 1986 Darren got to be part of the WSU football team. He lifted weights with the players. He traveled with the team. He sat on the bench at every home game. He has been friends with every head football and basketball coach since 1979. When the football program closed, Darren was sad. But, he continued to support WSU basketball. Darren can't wait for basketball season to start so that he can return to his courtside seat and cheer on the Shockers.



**Darren's  
original  
artwork**

Darren T., junior, and Alexis A. senior at FFA

More from Alexis A. in a future edition: How Darren came to Friendship Fields Academy and became honorary manager of the Friends University football team



**FRIENDS UNIVERSITY  
FALCONS**

## The One & Only Bob

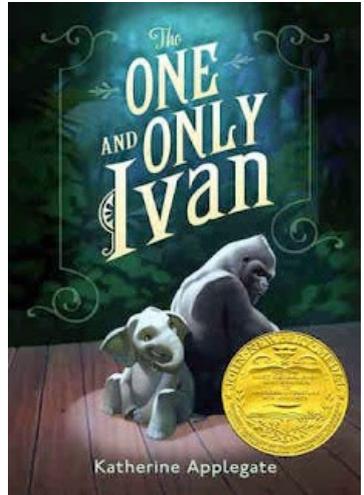
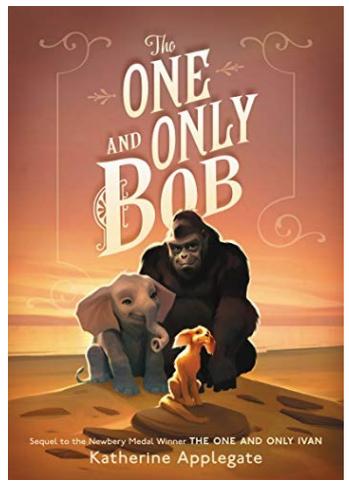
FFA Book Study

by  
Emma K.

This semester, fall 2021, Friendship Fields Academy is reading "The One and Only Bob" on Wednesdays. We read with Andrea after psychology and before dinner. The "One and Only Bob" is the sequel to the first book "The One and Only Ivan" that we read last school year. The book is told by Bob, Ivan's best friend. I enjoy reading it on Wednesdays. Bob is a stray dog and Ivan is a gorilla. I highly recommend both books.



My favorite character in the book is Bob because he's very funny and quirky. The "One & Only Ivan" was made into a movie. I hope that the "One & Only Bob" is also made into a mov-



*This story is brought to you by Emma K., sophomore, FFA.*

## How I came to attend Friendship Fields Academy

by Hannah G. , sophomore



I graduated from Chisholm during the pandemic. Then, my mom and I started looking for other options. We heard about a program at Friends University called Friendship Field Academy. We got with Ms. Val Wall and walked around the campus. I never thought I would be able to go to college, but here I am! I have a lot of new friends from the academy: Emma, Kindyl, Josh, Lauren, and Alexis just to name a few.



**How I Landed at FFA  
By  
Kindyl H., sophomore**

I met Tammie Allen at Miss Amazing. We were discussing options after high school. She told me about Friendship Fields. My mom and I visited Friendship Fields and we constructed a plan so that I can attend. I have enjoyed it ever since.



Left to Right: Tanner W., Darren T., & Todd B. at Friends Homecoming on Saturday, Oct. 7. Photo courtesy of Alexis A.



**Lauren H., senior, FFA**



**Gardening Class  
by  
Lauren Herren**

This last spring semester of 2021, we started taking two 8 week classes every semester. The first 8 weeks of this semester we took a class called gardening. We learned about roots. We did an experiment with a cotton ball and a bean. The experiment was we put the cotton ball and bean into a dark place and then we would check on them once every third day. I thought that our gardening class was very interesting. We got to see the bean grow roots. Also, we learned about animals in the garden, bugs, and what part of the plant you eat.

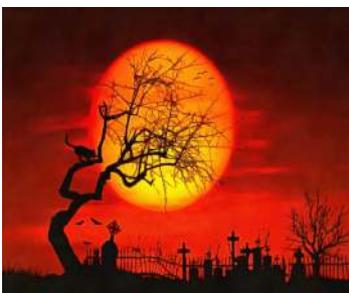


I love being the director of Friendship Fields because it brings together so many things that I love; individuals with special needs, the people that love and care for them from parents to instructors to community people, and the college students whose positivity and hopeful attitude is contagious, People with special needs are sometimes laughed at, bullied, or set aside. Friendship Fields shows the value of all people and I get to be a part of that everyday.

Val Wall, Director



- ⇒ Friends University Softball team threw a Halloween Party for Friendship Fields.
- ⇒ The date was October 26.
- ⇒ The location was BTB.
- ⇒ Treats included: tacos, sherbert, and candy.
- ⇒ The softball players made some FF students into mummies.



**Dane**



**Jessica**



**Emily**



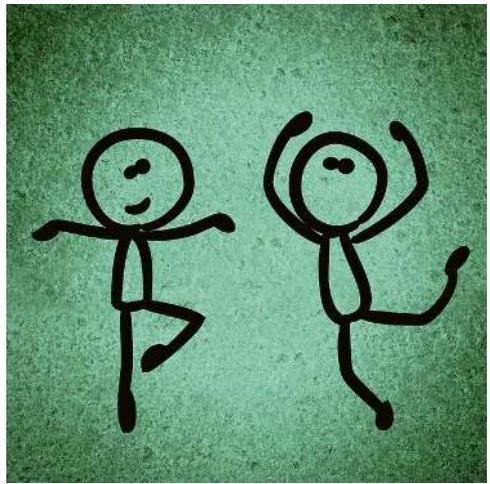
**Tanner**





**Arts & Leisure Class, taught by LaNier Roberts, Monday, October 17, each student created two dance moves and then the class put all of the moves together to music.**

**LaNier Roberts, instructor  
Arts & Leisure**



**Miss LaNier leads the class, assisted by Hannah G. Also pictured: Alexis A., Darren T., Justin M., John H., & Kaitlyn E.**